**WAYS FOR US TO ENGAGE:**

**In Church**

* + Get to know your neighbour and arrange to meet for a chat.
  + Use the “Journeying Together” sheets available at the Comments Boxes in church porches. These are also available on the website.
  + Post your sheet with comments, ideas, thoughts etc. in a Comments Box (response post cards available for those who prefer).

**In the Hall and Social Centre**

* + Discuss with the group around your coffee table.
  + Use the “Journeying Together” sheets or response post cards and put these in the Comments box available.
  + Use Post-It notes to record your reflections, comments, ideas, thoughts etc. and attach to the flipchart.

**At Home and in the Workplace**

* + Discuss with family around the dining table, or with friends and colleagues where possible (whether practising Catholics or not).
  + Use the ‘Journeying Together’ sheets available from church.
  + Post your “Journeying Together’ sheets or response post cards with reflections etc. in a Comments Box in the church porch or the hall.

OR

* + Written reflections to be received by the Bishop’s Office, Cathedral House, 13 Belmont, Shrewsbury, SY1 1TE by 1st March 2022 either by post or email from individuals (or groups). [Synod@dioceseofshrewsbury.org](mailto:Synod@dioceseofshrewsbury.org)

**Pray, Pray, Pray!**

* + The Prayer of the Synod (see Newsletter)
  + Personal prayers
  + Remember – “*It is ... first and foremost, a spiritual process ...”*

**WEBSITE RESOURCES**

* Synod questions
* Week by week Addresses to Parish
* “Ways to Engage” sheet and “Journeying Together” sheet.

All available at <http://sscolumbaandtheresa.co.uk/Synod>

Company name

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**The Synod logo symbolism**

* A large majestic tree full of wisdom and light, reaches for the sky – a sign of hope.
* It carries the Eucharist which shines like the sun.
* The horizontal branches opened like hands or wings suggest the presence of the Holy Spirit to guide us.
* Sheltering under the tree are the people of God – not static but on the move journeying together. The 15 silhouettes represent the diversity of our Church from the very young to the elderly, from religious to laity, from able-bodied to those with disabilities.

We are all making our way together united in Christ, the Way, the Truth and the Life.